

NEWSLETTER

The Week of the Young Child | Heart & Lung Health | Covid-19 Vaccine Access

Vaccine Access

First Five Years & Beyond recently conducted a survey and found that over 40% of the respondents need assistance in finding and making an appointment for a Covid-19 vaccine, help with childcare, or help with transportation to a vaccination site. FFYB has received the Vaccine Equity Initiative from AllInWA! Washingtonians who are Black, Indigenous and People of Color (BIPOC) have been disproportionately impacted by COVID-19 and yet face greater challenges in accessing the COVID Vaccine. AllInWA2020's Vaccine Equity Initiative grant will go a long way towards helping FFYB reduce barriers to vaccine access.



302 W.
Harrison St.
Suite #101
Kent, WA
98032.

(206)
504-9560

info@ffyb.org

Heart and Lungs



Science is part of our everyday lives! In April, First Five Years & Beyond demonstrated how the heart and lungs work together in the body during and after exercise.

Experiment:

Take 2 balloons, a plastic bottle, and some scissors to complete this experiment. During Kaleidoscope Play & Learn, the kids gained an understanding of how the air above and below the lungs allow for the lungs to dilate and pump air into the body. This demonstration is easy to moderate in difficulty and can be done at home. For instructions, supplies, and further information on this experiment please visit ffyb.org.



The Week of the Young Child

The WOYC is a week long celebration of young children from birth to 8yrs. They are our future, so FFYB has made it a point to show them we love, support, and encourage not only their educational growth but physical and mental growth as well!



Keep Clean Saturday:

Our egg hunt this year was hosted on a Saturday instead of Easter Sunday. For the Week of the Young Child, we are keeping the grounds clean by hosting Keep Clean Saturday, picking up as many eggs as possible!



Music Monday:

On Music Monday, we sang the song “Kelewele”, a Ghanaian folk song about a kid wanting to buy cooked plantains but by the time he got to the store, it was already sold out!

Tasty Tuesday:

On Tasty Tuesday, we made a Liberian favorite: kala! It is a doughy bread batter fried in oil, sweetened with a glaze or lightly spiced like a donut!



Work Together Wednesday:

For Work Together Wednesday, we focused on older children reading to younger children. According to Scholastic, older children often build confidence and critical literacy skills when they read to a younger sibling(s).

Artsy Thursday:

For Artsy Thursday, we went on a walk, finding leaves, rocks, and twigs from outside to create self-portraits, learning about what makes us all unique!



Friday Fun Day:

For Friday Fun Day we encouraged the children to play their favorite game and share it with the group! One toddler’s favorite game is counting how many shoes they are wearing.